

What causes white spots on teeth? - Smile Solutions

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the baby and adult teeth, and is caused when the enamel is forming and the proteins malfunction during the process. It can lead to an increase risk of tooth decay and tooth sensitivity and if you suspect you or a family member are suffering from this condition, seeking diagnosis and treatment with your general dentist is important.

4. Trauma Sometimes a single tooth can have a white spot in its enamel that can be caused by trauma to the area or a disturbance to the formation of the enamel whilst the tooth is developing. It is common on the front teeth. A visit to the general dentist to look at the area is important and sometimes micro-abrasion and teeth whitening can help lessen the appearance. In some situations treatment can involve the use of composite resin fillings or porcelain veneers to mask the spot and blend it with the other teeth.

5. Celiac disease Celiac disease is a condition where gluten can't be tolerated. But it can have manifestations other than gastrointestinal problems. Celiac disease can cause white spots while the enamel is forming and this can be one of the first markers of the disease in children. Celiac disease can affect the enamel of the teeth causing white spots and defects. It can look like the condition of fluorosis or tetracycline antibiotic stains. But if there is no reason for these two conditions then a possible referral to the GP for further testing for celiac disease may be warranted. Unfortunately the tooth defects are permanent and may warrant treatment such as teeth whitening, micro-abrasion, composite fills or porcelain veneers in older children or adults to treat the white spots.

6. Medications Antibiotics such as tetracycline and doxycycline can cause white spots in teeth if given to a child whose teeth are still developing. This type of discolouration tends to affect most of the teeth and treatment is tooth whitening, composite resin bonding and porcelain veneers. If you are concerned about any white spots on your teeth you should seek a diagnosis from your general dentist. Once you know the reason for the spots then treatment can be administered from a range of options such as teeth whitening, micro-abrasion, composite resin white fillings and porcelain veneer bonding.

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