

Should my child wear a mouthguard? - Smile Solutions

Canonical: <https://www.smilesolutions.com.au/dental-articles/article/child-wear-mouthguard/>

Details:

Should my child wear a mouthguard? - Smile Solutions Skip to content Book Appointment Now Our Services General Dentistry Dental Cleans and Hygienists Wisdom Teeth Emergency Dentistry Root Canal Tooth Fillings Chipped or Cracked Teeth TMD & Teeth Grinding Snoring & Sleep Apnoea Sport Mouthguards Dental Anxiety Cosmetic Dentistry Porcelain Veneers & Crowns Same Day Porcelain Veneers™ Composite Bonding Professional Teeth Whitening CEREC Restorations Invisalign No Braces All-on-4® Dental Implants Gummy Smile Complimentary Cosmetic Consultation Orthodontics Invisalign No Braces Orthodontic Braces Children's Braces and Invisalign Jaw Surgery Dental Implants All-on-4® Dental Implants Conventional & Immediate Implants Dental Bridges Bone Grafting For Implants Dentures Specialist Care Prosthodontists Oral & Maxillofacial Surgeons Periodontists Orthodontists Endodontists Paediatric Dentists Complex Dentistry Children's Dentistry First Visit To The Dentist Children's Dental Emergencies Children's Braces and Invisalign Child Dental Benefit Schedule Kids Teeth Cleaning Tips About Us Why Choose Us Our Team Our Location Technology Before & After Gallery Payment Plans Packages & Offers Contact Us Call Us 13 13 96 Karleen Giampietro 3 Sep 2018 Should my child wear a mouthguard? The importance of children wearing a mouthguard If you want to ensure your child's teeth are protected while playing sports it's advisable they wear a well-fitted mouthguard. The Australian Dental Association (ADA) recommends all parents include mouthguards on the list of 'must have' items to keep in their child's sports bags. "Many kids understand the need to wear mouth protection for winter sports such as football and hockey but many people don't consider them for summer sports," says Dr Karin Alexander, President of the Australian Dental Association. "Children who do not wear a custom-fitted mouthguard while playing sport are at risk for damaged and dislodged teeth, broken jaws and cut lips, causing painful, expensive and disfiguring dental injuries. "Playing sports such as basketball or cricket carry just as much risk of injury to the mouth or face. Dentists recommend wearing a mouthguard during training and game time." The ADA recommends wearing a custom-fitted mouthguard that is properly fitted by a dentist. This is to ensure maximum protection against dental and facial injuries. The ADA does not recommend over-the-counter or 'boil and bite' mouthguards. They offer little or no protection to your teeth and mouth. For further information on why protecting your mouth with a custom-fitted mouthguard is so important click here . Uncover more from Smile Solutions View Blogs All Karleen Giampietro 18 Nov 2018 My life as the Smile Solutions Tooth Fairy Read More All Karleen Giampietro 5 Nov 2018 How to encourage your child to brush their teeth? Read More Specialist Care Smile Solutions 18 Aug 2026 Endodontist vs Dentist for Root Canal: Why It Makes a Difference Read More All Karleen Giampietro 18 Nov 2018 My life as the Smile Solutions Tooth Fairy Read More All Karleen Giampietro 5 Nov 2018 How to encourage your child to brush their teeth? Read More Specialist Care Smile Solutions 18 Aug 2026 Endodontist vs Dentist for Root Canal: Why It Makes a Difference Read More All Karleen Giampietro 18 Nov 2018 My life as the Smile Solutions Tooth Fairy Read More All Karleen Giampietro 5 Nov 2018 How to encourage your child to brush their teeth? Read More Specialist Care Smile Solutions 18 Aug 2026 Endodontist vs Dentist for Root Canal: Why It Makes a Difference Read More View Blog Call Us 13 13 96 Location Level 1, 220 Collins Street Manchester Unity Building, Melbourne VIC 3000 Hours Of Service Monday – Friday: 8.00am – 6.00pm Saturday: 8.30am – 1.30pm Sunday: By Appointment Our Services General Dentistry Cosmetic Dentistry Orthodontics Specialist Care Dental Implants Children's Dentistry Emergency Dentistry Why Choose Us Our Team Media Awards Careers Technology Location Holistic Dentistry Quick Links Contact Us Articles Packages & Offers

Dental Payment Plans Understanding Your Treatment Sitemap Privacy Policy Copyright © Smile Solutions. All Rights Reserved. This site is protected by reCAPTCHA and the Google Privacy Policy and Terms of Service apply. Close Our Services General Dentistry Dental Cleans and Hygienists Wisdom Teeth Emergency Dentistry Root Canal Tooth Fillings Chipped or Cracked Teeth Snoring & Sleep Apnoea TMD & Teeth Grinding Sport Mouthguards Dental Anxiety Cosmetic Dentistry Porcelain Veneers & Crowns Same Day Porcelain Veneers™ Composite Bonding Professional Teeth Whitening CEREC Restorations Invisalign® No Braces All-on-4® Dental Implants Gummy Smile Complimentary Cosmetic Consultation Orthodontics Invisalign No Braces Orthodontic Braces Children's Braces and Invisalign Jaw Surgery Dental Implants All-on-4® Dental Implants Conventional & Immediate Implants Dental Bridges Bone Grafting For Implants Dentures Specialist Care Oral & Maxillofacial Surgeons Prosthodontists Orthodontists Periodontists Endodontists Paediatric Dentists Complex Dentistry Children's Dentistry First Visit To The Dentist Children's Dental Emergencies Children's Braces and Invisalign Child Dental Benefit Schedule Kids Teeth Cleaning Tips Why Choose Us Our Team Our Location Technology Awards Holistic Dentistry Before After Gallery Payment Plans Packages & Offers Contact Us Call Us 13 13 96 Close Smile Solutions AI Assistant ■ Hello! I'm here to help you with questions about Smile Solutions. How can I assist you today? Popular questions: What services does Smile Solutions offer? How can I contact Smile Solutions What are your business hours? ■■ × 0 /1000 Contact Us Call Us 13 13 96 Location Level 1, 220 Collins Street Manchester Unity Building, Melbourne VIC 3000 Hours Of Service Monday – Friday: 8.00am – 6.00pm Saturday: 8.30am – 1.30pm Sunday: By Appointment Close Book Now