

Is it important to have a family dentist? - Smile Solutions

Canonical: <https://www.smilesolutions.com.au/dental-articles/article/is-it-important-to-have-a-family-dentist/>

Details:

Is it important to have a family dentist? - Smile Solutions Skip to content Book Appointment Now Our Services General Dentistry Dental Cleans and Hygienists Wisdom Teeth Emergency Dentistry Root Canal Tooth Fillings Chipped or Cracked Teeth TMD & Teeth Grinding Snoring & Sleep Apnoea Sport Mouthguards Dental Anxiety Cosmetic Dentistry Porcelain Veneers & Crowns Same Day Porcelain Veneers™ Composite Bonding Professional Teeth Whitening CEREC Restorations Invisalign No Braces All-on-4® Dental Implants Gummy Smile Complimentary Cosmetic Consultation Orthodontics Invisalign No Braces Orthodontic Braces Children's Braces and Invisalign Jaw Surgery Dental Implants All-on-4® Dental Implants Conventional & Immediate Implants Dental Bridges Bone Grafting For Implants Dentures Specialist Care Prosthodontists Oral & Maxillofacial Surgeons Periodontists Orthodontists Endodontists Paediatric Dentists Complex Dentistry Children's Dentistry First Visit To The Dentist Children's Dental Emergencies Children's Braces and Invisalign Child Dental Benefit Schedule Kids Teeth Cleaning Tips About Us Why Choose Us Our Team Our Location Technology Before & After Gallery Payment Plans Packages & Offers Contact Us Call Us 13 13 96 Dr Philippa Robinson 30 Nov 2016 Is it important to have a family dentist? Yes, having a family dentist is very important. And visiting your family dentist on a regular basis has multiple benefits, including the following.

1. Prevention of dental disease Preventative dentistry involves the care and maintenance of healthy teeth and gums, treatments provided by the whole dental team. It can include dental cleaning, fluoride rinses, and discussion about diet and fissure sealants. Another example is a discussion about oral hygiene, where a dental hygienist or dentist reviews a patient's brushing and flossing techniques and makes personalised suggestions to improve. In addition to a discussion about oral hygiene, regular dental cleans ensure removal of the build-up around your teeth and gums, ensuring fresh breath and healthy gums. Regular preventative dentistry not only ensures that healthy teeth are kept for longer but also is a more cost-effective approach to dentistry for the patient – regular check-ups and cleans are far less expensive than major dental treatments such as root canals and tooth extraction. Furthermore, the stress associated with dental pain and emergency dental treatment is avoided with prevention.
2. Better overall general health There is a clear link between dental health and overall general health. For example, untreated infections of the mouth can spread, causing a body-wide infection termed septicaemia which requires immediate medical attention. More recent data suggests that untreated periodontitis (disease of the gum and underlying bone) is linked to infective endocarditis of the heart. Regular visits to the dentist and hygienist considerably reduce the incidence of dental infections, supporting good overall general health.
3. Preventing dental anxiety in children Young children who regularly attend the dentist with their parents and siblings generally have a positive attitude towards dentistry from the very beginning. These children then go on to attend their appointments with their family dentist without anxiety or fear. Regular attendance from a young age is critical to preventing decay, as well as in the diagnosis and treatment of dental developmental abnormalities.
4. Complete patient care Your family dentist is experienced in all aspects of your dental health – from cleans and general checkups to root canal therapy, wisdom tooth removal and emergency dentistry. For complete patient care, your family dentist should be your first port of call. If you require specialist treatment, your family dentist will refer you to the appropriate registered clinician. At Smile Solutions, all registered specialists are located within the same practice as our general dentists. It is never too late to choose a family dentist to achieve and maintain the dental health of yourself and your family.

Articles from Dr Philippa Robinson View Blogs Specialist Care Dr Philippa Robinson 12 Dec 2018 Root canal treatment:

who and what is involved? Read More All Dr Philippa Robinson 7 Dec 2018 Bridges, implants, or dentures for replacing missing teeth? Read More All Dr Philippa Robinson 7 Dec 2018 Why would I need to see a dental specialist? Read More Specialist Care Dr Philippa Robinson 12 Dec 2018 Root canal treatment: who and what is involved? Read More All Dr Philippa Robinson 7 Dec 2018 Bridges, implants, or dentures for replacing missing teeth? Read More All Dr Philippa Robinson 7 Dec 2018 Why would I need to see a dental specialist? Read More Specialist Care Dr Philippa Robinson 12 Dec 2018 Root canal treatment: who and what is involved? Read More All Dr Philippa Robinson 7 Dec 2018 Bridges, implants, or dentures for replacing missing teeth? Read More All Dr Philippa Robinson 7 Dec 2018 Why would I need to see a dental specialist? Read More View Blog Call Us 13 13 96 Location Level 1, 220 Collins Street Manchester Unity Building, Melbourne VIC 3000 Hours Of Service Monday – Friday: 8.00am – 6.00pm Saturday: 8.30am – 1.30pm Sunday: By Appointment Our Services General Dentistry Cosmetic Dentistry Orthodontics Specialist Care Dental Implants Children's Dentistry Emergency Dentistry Why Choose Us Our Team Media Awards Careers Technology Location Holistic Dentistry Quick Links Contact Us Articles Packages & Offers Dental Payment Plans Understanding Your Treatment Sitemap Privacy Policy Copyright © Smile Solutions. All Rights Reserved. This site is protected by reCAPTCHA and the Google Privacy Policy and Terms of Service apply. Close Our Services General Dentistry Dental Cleans and Hygienists Wisdom Teeth Emergency Dentistry Root Canal Tooth Fillings Chipped or Cracked Teeth Snoring & Sleep Apnoea TMD & Teeth Grinding Sport Mouthguards Dental Anxiety Cosmetic Dentistry Porcelain Veneers & Crowns Same Day Porcelain Veneers™ Composite Bonding Professional Teeth Whitening CEREC Restorations Invisalign® No Braces All-on-4® Dental Implants Gummy Smile Complimentary Cosmetic Consultation Orthodontics Invisalign No Braces Orthodontic Braces Children's Braces and Invisalign Jaw Surgery Dental Implants All-on-4® Dental Implants Conventional & Immediate Implants Dental Bridges Bone Grafting For Implants Dentures Specialist Care Oral & Maxillofacial Surgeons Prosthodontists Orthodontists Periodontists Endodontists Paediatric Dentists Complex Dentistry Children's Dentistry First Visit To The Dentist Children's Dental Emergencies Children's Braces and Invisalign Child Dental Benefit Schedule Kids Teeth Cleaning Tips Why Choose Us Our Team Our Location Technology Awards Holistic Dentistry Before After Gallery Payment Plans Packages & Offers Contact Us Call Us 13 13 96 Close Smile Solutions AI Assistant ■ Hello! I'm here to help you with questions about Smile Solutions. How can I assist you today? Popular questions: What services does Smile Solutions offer? How can I contact Smile Solutions What are your business hours? ■ × 0 /1000 Contact Us Call Us 13 13 96 Location Level 1, 220 Collins Street Manchester Unity Building, Melbourne VIC 3000 Hours Of Service Monday – Friday: 8.00am – 6.00pm Saturday: 8.30am – 1.30pm Sunday: By Appointment Close Book Now