

What should I know about teeth whitening? - Smile Solutions

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great concern when people purchase these products, either online or over the counter, without having a clean bill of dental health and without the supervision of a qualified dentist. And then there is the unpredictability of the whitening outcome achieved using these products. In my opinion, an even greater risk is presented by the high concentrations of peroxide often used by beauty salons and solariums. Such strong products can cause damage when administered by people without appropriate training and experience in dentistry. Not only that, people who have had their teeth whitened at a salon or a solarium often express disappointment with the results. One patient who came to me for remedial care had substantial burning and gum damage after teeth whitening that she said had been done by a beautician at a solarium. So our advice is to play it safe: seek the trained services of a qualified dentist before embarking on any teeth whitening treatment.

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