

Orofacial Myofunctional Therapy - Smile Solutions

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Orofacial Myofunctional Therapy Orofacial myofunctional disorders (OMDs) involve dysfunctions in the muscles of the face and mouth, affecting functions like chewing, swallowing, speaking, and breathing. Comprehensive care for orofacial myofunctional disorders at Smile Solutions Orofacial myofunctional disorders often result from or contribute to abnormal habits, such as thumb sucking, mouth breathing, or improper tongue posture. Therapy for OMDs typically includes exercises to improve muscle strength, coordination, and alignment, along with education on proper oral habits and posture. TMD & teeth grinding Bruxism, or grinding and clenching of the teeth, is a common condition that often goes undiagnosed. Unmanaged bruxism will lead to long-term irreversible wear and damage and the need for complex restorative treatment. Read more Snoring & sleep apnoea Obstructive Sleep Apnoea (OSA) is a condition where breathing is repeatedly interrupted during sleep due to a collapse of the upper airway. Read more Early intervention specialist paediatric care OMDs in children can lead to issues such as a high palate, tongue thrusting, and difficulties with proper oral posture. Early intervention is key. Read more TMD & teeth grinding Bruxism, or grinding and clenching of the teeth, is a common condition that often goes undiagnosed. Unmanaged bruxism will lead to long-term irreversible wear and damage and the need for complex restorative treatment. Read more Snoring & sleep apnoea Obstructive Sleep Apnoea (OSA) is a condition where breathing is repeatedly interrupted during sleep due to a collapse of the upper airway. Read more Early intervention specialist paediatric care OMDs in children can lead to issues such as a high palate, tongue thrusting, and difficulties with proper oral posture. Early intervention is key. Read more TMD & teeth grinding Bruxism, or grinding and clenching of the teeth, is a common condition that often goes undiagnosed. Unmanaged bruxism will lead to long-term irreversible wear and damage and the need for complex restorative treatment. Read more Snoring & sleep apnoea Obstructive Sleep Apnoea (OSA) is a condition where breathing is repeatedly interrupted during sleep due to a collapse of the upper airway. Read more Early intervention specialist paediatric care OMDs in children can lead to issues such as a high palate, tongue thrusting, and difficulties with proper oral posture. Early intervention is key. Read more The orofacial myofunctional team at Smile Solutions At Smile Solutions, every patient benefits from the collaborative expertise of our in-house team and has access to the latest, most advanced technology specifically designed for treating OMDs. Dr Kia Pajouhesh for TMD diagnosis and treatment planning Rachel Norton-Smith for osteopathic care Dr Natasha Hremias for sleep apnoea management Ms Sophie

Oostermeyer for TMD laser therapy Dr Fotios Angelis (Specialist Prosthodontist) and Dr Joshua Ch'ng (Specialist Orthodontist) for occlusal function and orthodontics Dr Susan Hinckfuss (Specialist Paediatric Dentist) for paediatric early intervention Ms Isabelle Sayers and Ms Monica Cain for paediatric and adult myofunctional therapy Dr Pip Robinson for facial injectables Ms Natalie Bilos and Ms Noemi Miele, senior dental technicians for splint and appliance fabrication Dr Ricky Kumar (Oral & Maxillofacial Surgeon) for TMJ surgery Ms Julie Bain for radiography Isabelle Sayers Oral Hygiene and Dental Therapy BOH (Melb) Monica Cain Oral Hygiene and Dental Therapy Dip.OHT (Melb) Dr Philippa Robinson General Dentist BSc, DDS (Melb), MBA (La Trobe), MHLth&MedLaw; (Melb) Natalie Bilos Dental Technician Dip. Dental Technology Dr Ricky Kumar Specialist Oral & Maxillofacial Surgeon BHB (Auck), MBChB (Auck), BDS (Otago), FRACDS (OMS) Julie Bain Medical Radiographer Dip.AppSc (MedRad) (MedImag) (RMIT) Dr Kia Pajouhesh General Dentist BSc, BDS (Melb) Rachel Norton-Smith Osteopath BHLthSc, BAppSc (Osteo) (RMIT) Dr Natasha Hremias General Dentist BDS (Adel) Sophie Oostermeyer Oral Hygiene and Dental Therapy Dip.OHT (Melb) Dr Fotios Angelis Specialist Prosthodontist BDS (Hons)(Melb), DClinDent (Melb) Dr Joshua Ch'ng Specialist Orthodontist BDS (Melb), FRACDS, D.Clin.Dent (Melb) Dr Susan Hinckfuss Specialist Paediatric Dentist BDS (Melb), DCD (Melb) Isabelle Sayers Oral Hygiene and Dental Therapy BOH (Melb) Monica Cain Oral Hygiene and Dental Therapy Dip.OHT (Melb) Dr Philippa Robinson General Dentist BSc, DDS (Melb), MBA (La Trobe), MHLth&MedLaw; (Melb) Natalie Bilos Dental Technician Dip. Dental Technology Dr Ricky Kumar Specialist Oral & Maxillofacial Surgeon BHB (Auck), MBChB (Auck), BDS (Otago), FRACDS (OMS) Julie Bain Medical Radiographer Dip.AppSc (MedRad) (MedImag) (RMIT) Dr Kia Pajouhesh General Dentist BSc, BDS (Melb) Rachel Norton-Smith Osteopath BHLthSc, BAppSc (Osteo) (RMIT) Dr Natasha Hremias General Dentist BDS (Adel) Sophie Oostermeyer Oral Hygiene and Dental Therapy Dip.OHT (Melb) Dr Fotios Angelis Specialist Prosthodontist BDS (Hons)(Melb), DClinDent (Melb) Dr Joshua Ch'ng Specialist Orthodontist BDS (Melb), FRACDS, D.Clin.Dent (Melb)

Book a consultation today Book Now Our technology Sleep Testing Sleep testing for sleep apnoea involves monitoring your breathing patterns and oxygen levels during sleep to diagnose the condition. This can be done through an in-lab polysomnography or a more convenient home sleep test. Identifying sleep apnoea helps determine the right treatment to improve sleep quality and reduce associated health risks. 3D Scanners iTero Scanners Being administered mouthfuls of impression material in the chair to produce a mould of the teeth is a thing of the past at Smile Solutions. The iTero Element Intraoral scanner is a 'chair-side' system for creating virtual impressions of your teeth. These are then transmitted digitally to dental labs for the manufacture of orthodontic appliances and restorations. The scanner is a valuable diagnostic and treatment tool that offers speed and reliability, and enhances accuracy of records, treatment efficiency and your overall dental experience. 3 Shape TRIOS 4 Move+ Intra-Oral Scanner The latest in scanning technology, the 3 Shape TRIOS Intra-Oral Scanner enables efficient and detailed scanning of your teeth and gums. With the capacity to provide information about the shape and colour of your teeth and about your bite, the camera can be used instead of traditional impressions to relay all information required for custom-fit crowns, bridges and veneers. E4 Lab Scanner The E4 Lab Scanner at Smile Solutions is renowned for its advanced capabilities in generating highly accurate digital impressions for dental restorations. Its efficient workflow and precise detailing ensure superior fit and aesthetics, enhancing both patient satisfaction and treatment efficiency. Bite Force Measurement Device Bite Force Measurement Device Our bite force measuring device is a cutting-edge tool used at Smile Solutions to accurately measure a patient's bite forces. It provides real-time data on occlusal forces, helping clinicians diagnose and treatment plan for various dental conditions related to bite strength and stability. Myowise EMG & Analysis Myowise EMG & Analysis Myowise is a machine that uses electromyography to analyse the activity of the Masseter and Temporalis muscles. At Smile Solutions our clinicians use the Myowise technology for precise assessment of a patient's muscle function, aiding in the diagnosis and treatment of various dental and jaw disorders. Photography Studio Photography Studio Smile Solutions has its own professional photography studio, which is an excellent opportunity for patients to document their smile makeover journey should they wish to do so. A set of professional photos is an excellent memento to take away once treatment is complete. LightWalker Fotona Laser LightWalker Fotona Laser The Fotona Laser offers precise, efficient and minimally invasive treatment for various procedures including cavity

treatment, cosmetic gum disease lift management procedures and teeth whitening. It provides patients with faster healing times and increased patient comfort compared to with traditional methods.

3D Printers Asiga Max

The Asiga Max is a compact and versatile 3D printer designed for dental applications, using DLP (Digital Light Processing) technology for high-precision prints. It allows users to choose from a wide range of materials for various applications, enhancing flexibility and cost-efficiency. DLP works by using a digital projector to flash a single image of each layer, curing the resin with light for fast and detailed prints.

Asiga Pro Max 4K UV 3D

The Asiga Pro Max 4K UV 3D printer is a high-resolution 3D printing device designed for dental and medical applications, featuring a 4K UV LED light source for precise and detailed prints. It is highly regarded for its exceptional accuracy, reliability, and user-friendly interface, making it ideal for producing high-quality dental models and appliances.

iTero Scanners

Being administered mouthfuls of impression material in the chair to produce a mould of the teeth is a thing of the past at Smile Solutions. The iTero Element Intraoral scanner is a 'chair-side' system for creating virtual impressions of your teeth. These are then transmitted digitally to dental labs for the manufacture of orthodontic appliances and restorations. The scanner is a valuable diagnostic and treatment tool that offers speed and reliability, and enhances accuracy of records, treatment efficiency and your overall dental experience.

Digital Radiographs (X-rays) Planmeca ProMax 3D Max

The Planmeca ProMax 3D Max generates, with limited radiation doses, the most detailed three-dimensional dental imagery available. Using the Planmeca ProMax 3D Max software, we can create an unrivalled 3D image of the highest quality, showing the smallest detail, to enable the most precise treatment planning. This innovative, versatile, safe and dynamic piece of technology is a valuable diagnostic aid for endodontics, periodontics, orthodontics, implantology, dental and maxillofacial surgery, paedodontics, and TMJ analysis.

Planmeca ProMax 2D S3 with One Shot Lateral Cephalogram

We are equipped with the Planmeca 2D two-dimensional digital imaging system, which produces the most precise, highest quality orthopantograms and lateral cephalograms. Having these available during your appointment is particularly convenient if images are needed for your treatment planning – whether for general dentistry or orthodontics. This imaging system facilitates both open- and closed-mouth image capture, and correct patient positioning is assisted by a triple laser beam. The Planmeca 2D is equipped with a 'child mode', which ensures the safest X-rays for your child; and with a one-shot function, the X-ray can be taken in just one image – ideal for children (and adults!) who have trouble sitting still. The result is the perfect image, every time.

Intraoral Digital Radiographs

Smile Solutions uses intraoral digital radiographs to ensure safer, lower radiation levels than conventional x-rays. These radiographs offer the added convenience of high-quality images displayed directly on the computer screen, allowing your clinician to clearly illustrate the situation to you.

In-House Laboratory

The Smile Solutions' in-house Dental Laboratory is exclusively dedicated to serving our patients, and do not work with any other businesses. Our team of Ceramists, Dental Technicians and Dental Prosthetists leverage our advanced technology and collaborate closely with our dentists and specialists to deliver superior appliances, prosthodontics products, and meticulously handcrafted porcelain veneers and crowns. By focusing solely on servicing Smile Solutions they can ensure they are dedicating all their efforts to providing the highest level of personalised care for our patients.

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Dental Implants All-on-4® Dental Implants Conventional & Immediate Implants Dental Bridges Bone
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