

Jaw Surgery Melbourne - Smile Solutions

Canonical: <https://www.smilesolutions.com.au/orthodontics/jaw-surgery/>

Details:

Jaw Surgery Melbourne - Smile Solutions Skip to content Book Appointment Now Our Services General Dentistry Dental Cleans and Hygienists Wisdom Teeth Emergency Dentistry Root Canal Tooth Fillings Chipped or Cracked Teeth TMD & Teeth Grinding Snoring & Sleep Apnoea Sport Mouthguards Dental Anxiety Cosmetic Dentistry Porcelain Veneers & Crowns Same Day Porcelain Veneers™ Composite Bonding Professional Teeth Whitening CEREC Restorations Invisalign No Braces All-on-4® Dental Implants Gummy Smile Complimentary Cosmetic Consultation Orthodontics Invisalign No Braces Orthodontic Braces Children's Braces and Invisalign Jaw Surgery Dental Implants All-on-4® Dental Implants Conventional & Immediate Implants Dental Bridges Bone Grafting For Implants Dentures Specialist Care Prosthodontists Oral & Maxillofacial Surgeons Periodontists Orthodontists Endodontists Paediatric Dentists Complex Dentistry Children's Dentistry First Visit To The Dentist Children's Dental Emergencies Children's Braces and Invisalign Child Dental Benefit Schedule Kids Teeth Cleaning Tips About Us Why Choose Us Our Team Our Location Technology Before & After Gallery Payment Plans Packages & Offers Contact Us Call Us 13 13 96 our services Jaw Surgery

Complex bite problems may require jaw surgery in conjunction with orthodontic treatment. When is jaw surgery needed? Some people are born with skeletal irregularities that prevent a normal bite, resulting in underbite, overbite, or an open bite. These issues — also called severe malocclusion — can lead to difficulties with chewing (which may affect digestion), speech problems, headaches, jaw joint discomfort, and changes to facial appearance, particularly the profile. Depending on the severity, a bad bite can be corrected with orthodontic treatment or, in more complex cases, jaw surgery. Jaw surgery (orthognathic surgery) is required in adolescents or adults when the skeletal discrepancy is too significant for orthodontic treatment alone. In adolescents with growth-related bite issues, surgery may be performed before age 18; otherwise, it is generally considered after the growth spurt or in adulthood. If you are concerned about your child's bite, consult your dentist — even if they have not yet developed all their permanent teeth — as bone growth and tooth eruption occur independently. With timely intervention, many adolescents can avoid surgery through modern orthodontic guidance during growth. In pre-adolescent children, growth modification is the preferred treatment option, except in cases of congenital deformities or trauma-related conditions. The Jaw Surgery Process 1 Pre-surgical orthodontics Preparation for jaw surgery usually takes between six and 18 months, depending on your needs. Treatment begins with braces to align your teeth so that your bite will fit correctly after surgery. Throughout this phase, impressions are taken to monitor your progress. Once the desired alignment is achieved, a strong archwire is fitted in readiness for surgery, and your procedure date is scheduled. During surgery, small pins may be threaded through the braces to help stabilise your teeth — this only occurs on the day of the operation, not during orthodontic treatment. 2 The surgical procedure Orthognathic surgery involves repositioning the jaws to achieve proper alignment. The lower jaw can be moved forward or backward to alter its length, the upper jaw can be adjusted in multiple directions, and the chin can be moved forward, backward, upward, or downward. Surgery is carried out behind the back teeth, not in the joint, where the jaw is carefully sectioned. This technique prevents gaps in the bone, removes the need to wire the teeth shut during healing, and allows you to open your mouth after the operation. Small incisions, usually around one centimetre long, are made inside the mouth, leaving no external scarring. These are typically hidden in natural tissue folds, and sutures either dissolve or are removed after five to seven days. Depending on the complexity of your case, surgery may be performed as an outpatient procedure or require a short hospital stay, with admission usually on the

morning of your operation. 3 Post-surgical planning and care After surgery, your oral and maxillofacial surgeon will guide you through recovery, including pain management, dietary recommendations, oral hygiene instructions, and follow-up appointments. All aspects of your care, including whether your procedure is performed as an outpatient or in hospital, will be discussed well in advance so you feel fully prepared. Book an appointment today Book Now Frequently Asked Questions How long does recovery take after jaw surgery? Recovery varies depending on the complexity of your procedure. Most patients can expect initial healing within a few weeks, but full recovery and final results may take several months. Your surgeon will provide a detailed timeline based on your individual case. When will I be able to eat solid foods after jaw surgery? Your diet will initially be restricted to soft foods to support the healing process, but the options may not be as limited as you might expect. Because the muscles in your mouth will be weakened and your new bite will feel different, you may have difficulty chewing certain foods, such as breads and most meats. Most patients are able to eat a wider variety of foods around four weeks after surgery. Will I need to stay in the hospital? Some procedures are done on an outpatient basis, while others require hospital admission. If hospital admission is needed, you will typically be admitted on the morning of surgery. Your surgeon will discuss this with you in advance. Will I experience discomfort after jaw surgery? Some discomfort is normal, especially in the first few days. Your surgeon will recommend appropriate pain management strategies, including medications and care instructions to help you stay comfortable during recovery. Will I have trouble talking after jaw surgery? You should expect some soreness in lengthy conversations; however, the more you talk, the more you exercise your weakened muscles and hence speed recovery. How much pain will I experience during jaw surgery? The level of pain experienced after jaw surgery varies from individual to individual. Some patients describe it as more like a "soreness" but most patients call it "discomfort". Will there be visible scars? No. All incisions are made inside the mouth, usually hidden in tissue folds. Sutures either dissolve on their own or are removed after five to seven days. Can orthodontics alone correct my bite? In many adolescents, modern orthodontics can guide jaw growth and may prevent the need for surgery. However, surgery is required when the deformity is too severe to be corrected with braces alone. Who will perform my jaw surgery? At Smile Solutions, our Oral and Maxillofacial Surgeons are registered specialists with the Dental Board of Australia and the Royal Australasian College of Dental Surgeons after successfully completing their final specialty examinations (FRACDS). Oral & maxillofacial surgeons undergo 15 to 17 years of continuous study, earning degrees in both Dentistry and Medicine, followed by an additional four years of specialist training in oral & maxillofacial surgery. Depending on their area of interest, they may also hold a Master's degree, such as in Paediatric Maxillofacial Surgery or Surgical Anatomy. A/Prof. Patrishia Bordbar Specialist Oral & Cranio-Maxillofacial Surgeon B.D.Sc. (Melb.), M.B.B.S (Hons.) (Melb.), PGDip.Surg.Anat (Melb.), M.D.Sc (O.M.S.)(Melb.), F.R.A.C.D.S (O.M.S.), F.R.C.S (Ed.) Dr Ricky Kumar Specialist Oral & Maxillofacial Surgeon BHB (Auck), MBChB (Auck), BDS (Otago), FRACDS (OMS) Contact Us Contact Us " * " indicates required fields Full Name * Phone Number Email Address * Enquiry Type * General & Cosmetic Dentistry Orthodontics & Invisalign® Specialist Care Do you have private health insurance with dental cover? Yes No Your Message * Send Message Send Message > Δ Call Us 13 13 96 Location Level 1, 220 Collins Street Manchester Unity Building, Melbourne VIC 3000 Hours Of Service Monday – Friday: 8.00am – 6.00pm Saturday: 8.30am – 1.30pm Sunday: By Appointment Our Services General Dentistry Cosmetic Dentistry Orthodontics Specialist Care Dental Implants Children's Dentistry Emergency Dentistry Why Choose Us Our Team Media Awards Careers Technology Location Holistic Dentistry Quick Links Contact Us Articles Packages & Offers Dental Payment Plans Understanding Your Treatment Sitemap Privacy Policy Copyright © Smile Solutions. All Rights Reserved. This site is protected by reCAPTCHA and the Google Privacy Policy and Terms of Service apply. Close Our Services General Dentistry Dental Cleans and Hygienists Wisdom Teeth Emergency Dentistry Root Canal Tooth Fillings Chipped or Cracked Teeth Snoring & Sleep Apnoea TMD & Teeth Grinding Sport Mouthguards Dental Anxiety Cosmetic Dentistry Porcelain Veneers & Crowns Same Day Porcelain Veneers™ Composite Bonding Professional Teeth Whitening CEREC Restorations Invisalign® No Braces All-on-4® Dental Implants Gummy Smile Complimentary Cosmetic Consultation Orthodontics Invisalign No Braces Orthodontic Braces Children's Braces and Invisalign Jaw Surgery Dental Implants All-on-4® Dental Implants Conventional & Immediate Implants Dental Bridges Bone Grafting For Implants Dentures Specialist

Care Oral & Maxillofacial Surgeons Prosthodontists Orthodontists Periodontists Endodontists
Paediatric Dentists Complex Dentistry Children's Dentistry First Visit To The Dentist Children's Dental
Emergencies Children's Braces and Invisalign Child Dental Benefit Schedule Kids Teeth Cleaning Tips
Why Choose Us Our Team Our Location Technology Awards Holistic Dentistry Before After Gallery
Payment Plans Packages & Offers Contact Us Call Us 13 13 96 Close Smile Solutions AI Assistant ■
Hello! I'm here to help you with questions about Smile Solutions. How can I assist you today? Popular
questions: What services does Smile Solutions offer? How can I contact Smile Solutions What are your
business hours? ■■ × 0 /1000 Contact Us Call Us 13 13 96 Location Level 1, 220 Collins Street
Manchester Unity Building, Melbourne VIC 3000 Hours Of Service Monday – Friday: 8.00am – 6.00pm
Saturday: 8.30am – 1.30pm Sunday: By Appointment Close Book Now Notifications